

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 09:00 untill 09:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meersschaut Evelyn

Coaches: Slos Robbie

Coaches: Blom Dieter

Coaches: Sys Justine HEADCOACH

Coaches: Huberty Maren

Coaches: De Backer Bart

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 100M BUTTERFLY MEN 13+

Heat:3, starttime: 10:04

Heat: 3/6 Lane : 8 Athlete: BECK STANN

Q-time: 01:22:94

PB (50m pool): 01:23.20 Antwerp 26/01/2025

PB (25m pool): 01:22.94 SB: no time

	50 M	100 M	
PB	00:38.52	01:23.20	
	00:38.52	00:44.68	
			

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+

Heat:5, starttime: 10:08

Heat: 5/6 Lane : 1 Athlete: VAN RAEMDONCK CAMU

Q-time: 01:10:18

PB (50m pool): 01:11.70 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:10.18 SB: no time

	50 M	100 M	
PB	00:33.03	01:11.70	
	00:33.03	00:38.67	
			

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+

Heat:5, starttime: 10:08

Heat: 5/6 Lane : 5 Athlete: DE BIE DAAN

Q-time: 01:06:36

PB (50m pool): 01:09.23 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:06.36 SB: no time

	50 M	100 M	
PB	00:31.01	01:09.23	
	00:31.01	00:38.22	
			

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 100M BUTTERFLY MEN 13+			Heat:5, starttime: 10:08
Heat: 5/6 Lane : 8 Athlete: VANNIEUWENHUYSE LOïC			Q-time: 01:11:45
PB (50m pool): 01:12.71 Olympic Pool Wezenberg, Antwer 30/03/25 PB (25m pool): 01:11.45 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.35	01:12.71	
	00:33.35	00:39.36	
			

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+			Heat:6, starttime: 10:10
Heat: 6/6 Lane : 2 Athlete: VERHEYDEN VINZ			Q-time: 01:02:55
PB (50m pool): 01:07.00 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:02.55 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.68	01:07.00	
	00:30.68	00:36.32	
			

Coach feedback:

Event number: 20: 100M BUTTERFLY MEN 13+			Heat:6, starttime: 10:10
Heat: 6/6 Lane : 3 Athlete: DE SMAELE KEYON			Q-time: 01:02:00
PB (50m pool): 01:05.03 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:02.00 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.32	01:05.03	
	00:30.32	00:34.71	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY WOMEN 13+			Heat:1, starttime: 10:12
Heat: 1/4 Lane : 5 Athlete: VERBERT KAAT			Q-time: 01:23:60
PB (50m pool): 01:34.29 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:23.60 SB: no time			
	5 0 M	1 0 0 M	
PB	00:43.10	01:34.29	
	00:43.10	00:51.19	
			

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 100M BUTTERFLY WOMEN 13+			Heat:2, starttime: 10:14
Heat: 2/4 Lane : 1 Athlete: DE ROYE YELENA			Q-time: 01:21:22
PB (50m pool): 01:37.71 Antwerpen 14/07/2024			PB (25m pool): 01:21.22 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:37.71	
	no time		
			

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12			Heat:1, starttime: 10:20
Heat: 1/3 Lane : 3 Athlete: VEYS ARTHUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12			Heat:1, starttime: 10:20
Heat: 1/3 Lane : 5 Athlete: VERMEIR CAS			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12			Heat:2, starttime: 10:21
Heat: 2/3 Lane : 3 Athlete: COESSENS KOBE			Q-time: 00:48:65
PB (50m pool): 00:53.73 Antwerp 26/01/2025			PB (25m pool): 00:48.65 SB: no time
	5 0 M		
PB	00:53.73		
	00:53.73		
			

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 50M BUTTERFLY MEN 11-12				Heat:3, starttime: 10:22
Heat: 3/3 Lane : 4 Athlete: DAEM JOPPE				Q-time: 00:36:95
PB (50m pool): 00:41.45 Antwerp 26/01/2025				PB (25m pool): 00:36.95 SB: no time
	5 0 M			
PB	00:41.45			
	00:41.45			
				

Coach feedback:

Event number: 22: 50M BUTTERFLY MEN 11-12				Heat:3, starttime: 10:22
Heat: 3/3 Lane : 8 Athlete: DE WEVER ARTHUR				Q-time: 00:44:85
PB (50m pool): no time				PB (25m pool): 00:44.85 SB: no time
	5 0 M			
PB	no time			
	no time			
				

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 10:29
Heat: 2/7 Lane : 2 Athlete: NGABO ANNABELLE					Q-time: 03:03:66
PB (50m pool): 03:30.41 Lago Gent Rozebroeken 05/05/2024					PB (25m pool): 03:03.66 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:30.41	
	no time				
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 10:29
Heat: 2/7 Lane : 5 Athlete: DE SMAELE KENZA					Q-time: 02:58:95
PB (50m pool): 02:58.95 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 03:16.89 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.25	01:28.24	02:14.22	02:58.95	
	00:42.25	00:45.99	00:45.98	00:44.73	
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 10:33
Heat: 3/7 Lane : 3 Athlete: DAEM HANNELISE					Q-time: 02:51:80
PB (50m pool): 02:59.61 Antwerpen 13/07/2025					PB (25m pool): 02:51.80 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.22	01:28.31	02:15.06	02:59.61	
	00:42.22	00:46.09	00:46.75	00:44.55	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 10:33
Heat: 3/7 Lane : 6 Athlete: DE ROYE YELENA					Q-time: 02:51:95
PB (50m pool): 03:07.74 Lago Gent Rozebroeken 07/05/2023					PB (25m pool): 02:51.95 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:07.74	
	no time				
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 10:37
Heat: 4/7 Lane : 5 Athlete: STORME IEME					Q-time: 02:46:15
PB (50m pool): 02:53.10 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:46.15 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.06	01:24.17	02:09.87	02:53.10	
	00:40.06	00:44.11	00:45.70	00:43.23	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 10:37
Heat: 4/7 Lane : 7 Athlete: DE BACKER SOPHIE					Q-time: 02:47:47
PB (50m pool): 03:00.39 Antwerpen 13/07/2025					PB (25m pool): 02:47.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.94	01:30.72	02:17.52	03:00.39	
	00:43.94	00:46.78	00:46.80	00:42.87	
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:5, starttime: 10:41
Heat: 5/7 Lane : 3 Athlete: BEULENS LOTTE					Q-time: 02:39:97
PB (50m pool): 02:49.45 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:39.97 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.86	01:23.90	02:07.90	02:49.45	
	00:40.86	00:43.04	00:44.00	00:41.55	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:5, starttime: 10:41
Heat: 5/7 Lane : 8 Athlete: BOGAERT HANNE					Q-time: 02:46:12
PB (50m pool): 02:54.58 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:46.12 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.69	01:26.89	02:12.08	02:54.58	
	00:42.69	00:44.20	00:45.19	00:42.50	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13+					Heat:6, starttime: 10:44
Heat: 6/7 Lane : 1 Athlete: CANTRé EMILIE					Q-time: 02:38:49
PB (50m pool): 02:45.59 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:38.49 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.06	01:19.53	02:02.96	02:45.59	
	00:38.06	00:41.47	00:43.43	00:42.63	
					

Coach feedback:

Event number: 24: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 11:00
Heat: 3/5 Lane : 7 Athlete: UVYN MAXIM					Q-time: 02:40:19
PB (50m pool): 02:49.84 Antwerpen 13/07/2025 PB (25m pool): 02:40.19 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.95	01:24.74	02:08.04	02:49.84	
	00:39.95	00:44.79	00:43.30	00:41.80	
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 11:03
Heat: 4/5 Lane : 7 Athlete: LIEVENS TIEBE					Q-time: 02:31:86
PB (50m pool): 02:41.97 WACHTEBEKE 19/01/2025 PB (25m pool): 02:31.86 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:20.16	no time	02:41.97	
	no time				
					

Coach feedback:

Event number: 24: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 11:03
Heat: 4/5 Lane : 8 Athlete: VAN TRICHT FINN					Q-time: 02:32:28
PB (50m pool): 02:31.58 Antwerpen 21/07/2024 PB (25m pool): 02:27.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:31.58	
	no time				
					

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12				Heat:1, starttime: 11:10
Heat: 1/3 Lane : 4 Athlete: VEYS ARTHUR				Q-time: 01:28:73
PB (50m pool): 01:30.80 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:28.73 SB: no time				
	5 0 M	1 0 0 M		
PB	00:42.11	01:30.80		
	00:42.11	00:48.69		
				

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12				Heat:2, starttime: 11:13
Heat: 2/3 Lane : 4 Athlete: DE WEVER ARTHUR				Q-time: 01:21:00
PB (50m pool): 01:21.00 Antwerpen 13/07/2025 PB (25m pool): 01:24.48 SB: no time				
	5 0 M	1 0 0 M		
PB	00:38.82	01:21.00		
	00:38.82	00:42.18		
				

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:2, starttime: 11:13
Heat: 2/3 Lane : 6 Athlete: VERMEIR CAS			Q-time: 01:25:26
PB (50m pool): 01:31.31 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:25.26 SB: no time			
	5 0 M	1 0 0 M	
PB	00:42.74	01:31.31	
	00:42.74	00:48.57	
			

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:3, starttime: 11:15
Heat: 3/3 Lane : 2 Athlete: COESSENS KOBE			Q-time: 01:18:44
PB (50m pool): 01:21.67 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:18.44 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.26	01:21.67	
	00:38.26	00:43.41	
			

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12			Heat:3, starttime: 11:15
Heat: 3/3 Lane : 5 Athlete: DAEM JOPPE			Q-time: 01:10:94
PB (50m pool): 01:15.28 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:10.94 SB: no time			
	5 0 M	1 0 0 M	
PB	00:36.29	01:15.28	
	00:36.29	00:38.99	
			

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+				Heat:3, starttime: 11:24
Heat: 3/8 Lane : 5 Athlete: DE BACKER SOPHIE				Q-time: 02:33:57
PB (50m pool): 02:41.89 Antwerpen 13/07/2025 PB (25m pool): 02:33.57 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:38.69	01:20.92	02:03.20	02:41.89
	00:38.69	00:42.23	00:42.28	00:38.69
				

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 11:27
Heat: 4/8 Lane : 1 Athlete: STORME IEME					Q-time: 02:31:47
PB (50m pool): 02:31.47 Antwerpen 13/07/2025					PB (25m pool): 02:32.59 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.51	01:13.21	01:52.90	02:31.47	
	00:34.51	00:38.70	00:39.69	00:38.57	
					

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 11:27
Heat: 4/8 Lane : 2 Athlete: BOGAERT HANNE					Q-time: 02:28:93
PB (50m pool): 02:43.14 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:28.93 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.84	01:18.78	02:01.10	02:43.14	
	00:36.84	00:41.94	00:42.32	00:42.04	
					

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 11:27
Heat: 4/8 Lane : 6 Athlete: CANTRé EMILIE					Q-time: 02:28:84
PB (50m pool): 02:34.78 Antwerpen 13/07/2025					PB (25m pool): 02:28.84 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.54	01:14.80	01:54.94	02:34.78	
	00:35.54	00:39.26	00:40.14	00:39.84	
					

Coach feedback:

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 11:27
Heat: 4/8 Lane : 8 Athlete: DE SMAELE KENZA					Q-time: 02:31:88
PB (50m pool): 02:35.83 Lago Gent Rozebroeken 05/05/2024					PB (25m pool): 02:31.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:35.83	
	no time				
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 200M FREESTYLE WOMEN 13+					Heat:5, starttime: 11:30
Heat: 5/8 Lane : 7 Athlete: BEULENS LOTTE					Q-time: 02:27:31
PB (50m pool): 02:34.48 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:27.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.09	01:14.08	01:55.29	02:34.48	
	00:35.09	00:38.99	00:41.21	00:39.19	
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:3, starttime: 11:49
Heat: 3/8 Lane : 3 Athlete: BECK STANN					Q-time: 02:30:31
PB (50m pool): 02:57.78 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:30.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:57.78	
	no time				
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:4, starttime: 11:52
Heat: 4/8 Lane : 2 Athlete: UVYN MAXIM					Q-time: 02:22:98
PB (50m pool): 02:29.95 Antwerpen 13/07/2025 PB (25m pool): 02:22.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.70	01:13.57	01:53.25	02:29.95	
	00:34.70	00:38.87	00:39.68	00:36.70	
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:6, starttime: 11:58
Heat: 6/8 Lane : 8 Athlete: VANNIEUWENHUYSE LOïC					Q-time: 02:14:79
PB (50m pool): 02:18.02 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:14.79 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.40	01:06.66	01:42.96	02:18.02	
	00:31.40	00:35.26	00:36.30	00:35.06	
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 27: 200M FREESTYLE MEN 13+					Heat:7, starttime: 12:00
Heat: 7/8 Lane : 2 Athlete: DE SMAELE KEYON					Q-time: 02:09:20
PB (50m pool): 02:12.60 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:05.67 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:12.60	
	no time				
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:7, starttime: 12:00
Heat: 7/8 Lane : 5 Athlete: LIEVENS TIEBE					Q-time: 02:07:83
PB (50m pool): 02:17.86 Olympic Pool Wezenberg, Antwer 30/07/2025 PB (25m pool): 02:07.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.15	01:05.89	01:42.29	02:17.86	
	00:31.15	00:34.74	00:36.40	00:35.57	
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:7, starttime: 12:00
Heat: 7/8 Lane : 8 Athlete: DE BIE DAAN					Q-time: 02:10:05
PB (50m pool): 02:14.13 Antwerpen 20/07/2025 PB (25m pool): 02:10.05 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.26	01:05.15	01:39.89	02:14.13	
	00:30.26	00:34.89	00:34.74	00:34.24	
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:8, starttime: 12:03
Heat: 8/8 Lane : 2 Athlete: VERHEYDEN VINZ					Q-time: 02:05:17
PB (50m pool): 02:12.11 Antwerp 09/02/2025 PB (25m pool): 02:05.17 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.52	01:04.13	01:38.70	02:12.11	
	00:30.52	00:33.61	00:34.57	00:33.41	
					

Coach feedback:

PK 50m bad: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 27: 200M FREESTYLE MEN 13+					Heat:8, starttime: 12:03
Heat: 8/8 Lane : 6 Athlete: VAN TRICHT FINN					Q-time: 02:03:86
PB (50m pool): 02:07.46 Antwerpen 27/07/2025					PB (25m pool): 02:03.86 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.96	01:00.97	01:35.32	02:07.46	
	00:28.96	00:32.01	00:34.35	00:32.14	
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 13+					Heat:8, starttime: 12:03
Heat: 8/8 Lane : 8 Athlete: VAN RAEMDONCK CAMU					Q-time: 02:06:76
PB (50m pool): 02:09.86 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:06.76 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.08	01:03.01	01:37.03	02:09.86	
	00:30.08	00:32.93	00:34.02	00:32.83	
					

Coach feedback:

Event number: 29: 4x100M MEDLEY MEN 11+							Heat:1, starttime: 12:19	
Heat: 1/1 Lane : 4 Athlete: TEAM FIRST 1							Q-time: 04:26:48	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: